

TUM Erasmus

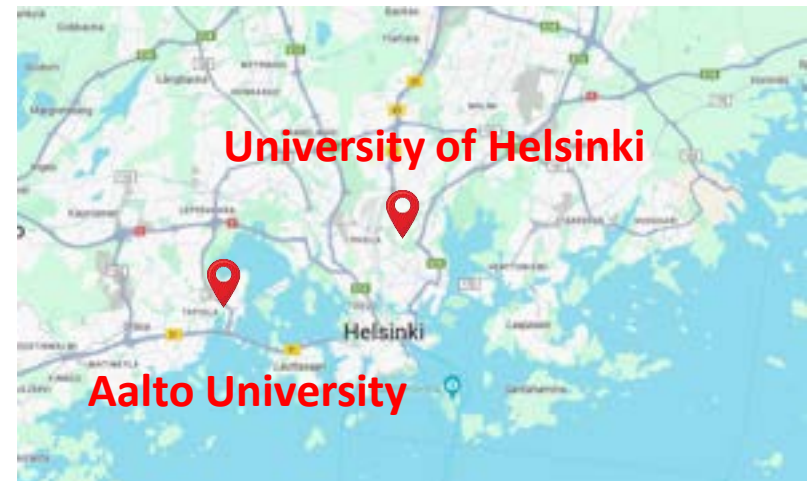
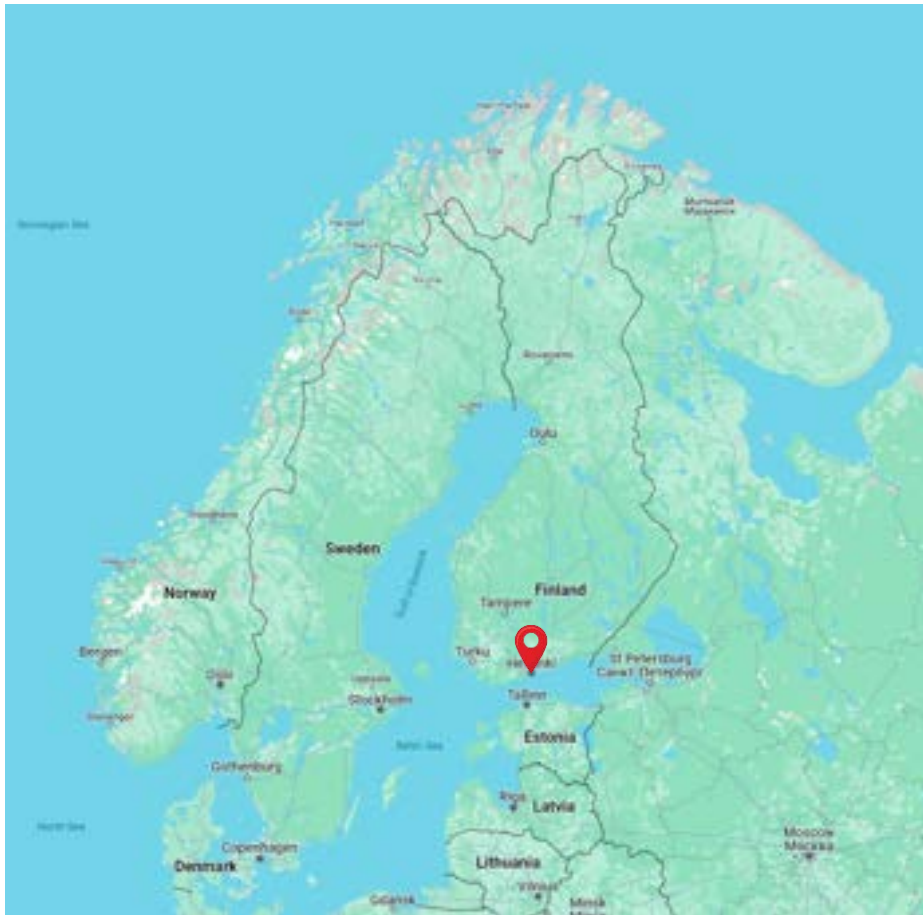
Helsinki - Finland



My exchange in Helsinki

- First Master year
- Spring semester at **University of Helsinki**
 - January – May 2023
- Summer internship at Institute “Quantum Technology Finland” of **Aalto University**
 - June – September 2023

Why Helsinki?



- Finns speak very good English
- Small class sizes
- Intensive supervision
- Very good University reputation
- Perfect location

Application

- Application at **University** of Helsinki: October / November 2022
- **Course** application: at beginning of semester
- **Housing**: combined with University application (1 click)
 - Unihome (10 min from campus, 585 € per month, single apartment)
 - HOAS (~ 400 € per month, shared apartment)
 - Private housing market: limited and very expensive

University

- Shifted **semester times**:
 - Winter semester: end of August – Christmas
 - Spring semester: beginning of January – end of May
- Each semester is divided into **2 periods**
- Big exam at the end of the semester OR
smaller exams during semester and graded homework OR
graded project
- **Grading system**: 0 = fail, 1 = pass, 5 = excellent
- Level comparable to TUM, slightly less stressful

University

- Student life and well-being very important
- A lot of student unions
- Diverse student events and parties (Vappu, Sitsit)



Internship at Aalto University

- **Application:** during exchange semester (January / February), directly in Helsinki
- A lot of summer job opportunities in Finland due to the long summer break (14 weeks)
- Very good supervision, everyone very friendly
- Flat hierarchy: student-staff-professor relationship less formal
- **Erasmus scholarship**
 - 750 € per month
 - application deadline: 4 weeks before start of internship

Life in Helsinki

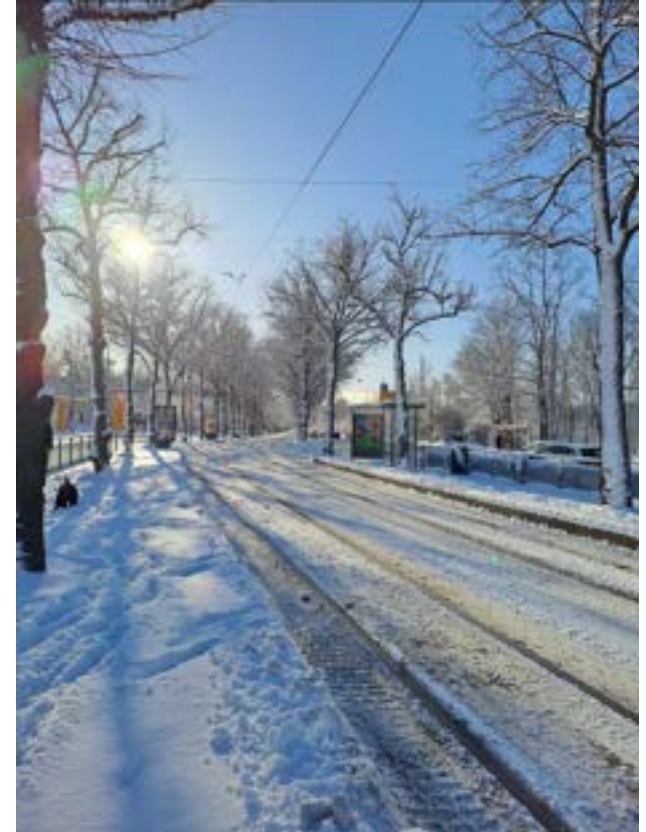
- Very modern city: a lot of festivals, events, exhibitions
- Higher cost of living, particularly for alcohol, bars and restaurants
- Well-developed public transport (40 € per month)



Impressions



Helsinki during winter



Weekends in small huts by the lake with saunas are very popular
Public saunas are the go-to spots to meet Finns!

Visit Lapland!



Tromsø (Norway)
the capital of Lapland

Northern Lights





Summer is the perfect time for exploring the country

Day trips to **Tampere** and **Turku**
2 h by train, ~ 30 €





Helsinki is perfectly located for trips to other countries by ferry

Must do: Trip to **Stockholm** (25 €), 17 h ferry ride through archipelago is stunning



If you have a couple of days off visit **Tallinn** and **Riga**!

A wide-angle photograph of a snowy landscape. In the foreground, a path of snow leads from the bottom left towards the center. The middle ground is a vast, flat expanse of snow. In the background, a dense line of dark evergreen trees stretches across the horizon under a clear blue sky. Pine branches with green needles are visible in the top right corner, framing the scene.

Questions?