TUM Erasmus
Helsinki - Finland
My exchange in Helsinki

• First Master year

• Spring semester at University of Helsinki
  o January – May 2023

• Summer internship at Institute “Quantum Technology Finland” of Aalto University
  o June – September 2023
Why Helsinki?

- Finns speak very good English
- Small class sizes
- Intensive supervision
- Very good University reputation
- Perfect location
Application

- Application at **University** of Helsinki: October / November 2022
- **Course** application: at beginning of semester
- **Housing**: combined with University application (1 click)
  - Unihome (10 min from campus, 585 € per month, single apartment)
  - HOAS (~ 400 € per month, shared apartment)
  - Private housing market: limited and very expensive
University

- Shifted **semester times**:  
  - Winter semester: end of August – Christmas  
  - Spring semester: beginning of January – end of May

- Each semester is divided into **2 periods**

- Big exam at the end of the semester OR smaller exams during semester and graded homework OR graded project

- **Grading system**: 0 = fail, 1 = pass, 5 = excellent

- Level comparable to TUM, slightly less stressful
University

- Student life and well-being very important
- A lot of student unions
- Diverse student events and parties (Vappu, Sitsit)
Internship at Aalto University

- **Application**: during exchange semester (January / February), directly in Helsinki
- A lot of summer job opportunities in Finland due to the long summer break (14 weeks)
- Very good supervision, everyone very friendly
- Flat hierarchy: student-staff-professor relationship less formal
- **Erasmus scholarship**
  - 750 € per month
  - application deadline: 4 weeks before start of internship
Life in Helsinki

- Very modern city: a lot of festivals, events, exhibitions
- Higher cost of living, particularly for alcohol, bars and restaurants
- Well-developed public transport (40 € per month)
Impressions
Helsinki during winter

Weekends in small huts by the lake with saunas are very popular. Public saunas are the go-to spots to meet Finns!
Visit Lapland!

Tromsø (Norway)
the capital of Lapland

Northern Lights
Summer is the perfect time for exploring the country

Day trips to **Tampere** and **Turku**
2 h by train, ~ 30 €
Helsinki is perfectly located for trips to other countries by ferry

Must do: Trip to **Stockholm** (25 €), 17 h ferry ride through archipelago is stunning
If you have a couple of days off visit **Tallinn** and **Riga**!
Questions?